

Risk + Protective Factors

Increases Protective Factors	Decreases Risk Factors
<p>Individual Reasons not to use drugs</p> <p>Perceptions that few peers use, most disapprove</p> <p>Belief that one can resist pro-drug pressures</p> <p>Intentions not to use</p> <p>Belief that friends respect non-users</p> <p>Ability to identify and counter advertising appeals</p> <p>Multiple strategies for resisting drugs</p> <p>Ability to identify and resist internal pressures to use</p>	<p>Individual Current use of alcohol, tobacco, or illicit drugs</p> <p>Intention to use in the future</p> <p>Belief that drug use is not harmful or has positive effects</p> <p>Belief that drug use is normal</p> <p>Low self-esteem</p> <p>Inadequate resistance skills</p>
<p>Peer Motivation and skills to help friends avoid drug use</p> <p>Responsible behavior modeled by peers</p>	<p>Peer Peer drug use</p> <p>Peer approval of drugs</p>
<p>Family Communication with parents and other adults</p>	<p>Family Lack of clear norms against use</p> <p>Poor communication</p>
<p>School Establishment of norms against drug use</p> <p>Cooperative learning</p> <p>Respect for others</p>	<p>School High levels of drug use</p> <p>Low norms against use</p>