

## Project ALERT and California State Board of Education Health Education/ATOD Standards Correlation

**Grades Seven/Eight** - As a result of health instruction in grade seven and eight, all students will demonstrate the ability to:

California Grades Seven/Eight	Alcohol, Tobacco, and Other Drugs	Project ALERT Lessons (C = Core Curriculum Lessons B = Booster Lessons)
<b>Standard 1:</b>	<b>Essential Concepts</b>	
1.1.A	Describe the harmful and short- and long-term effects of alcohol, tobacco, and other drugs, including steroids, performance-enhancing drugs and inhalants.	C1, C2, C3, C4, C5, C6, C7, C8, C9, C10, C11 B1, B2
1.2.A	Describe the relationship between using alcohol, tobacco, and other drugs and engaging in other risky behaviors.	
1.3.A	Explain the dangers of drug dependence and addiction.	C1, C2, C3, C10, C11 B1
1.4.A	Describe the consequences of using alcohol, tobacco, and other drugs during pregnancy, including fetal alcohol spectrum disorder.	C3 B1
1.5.A	Analyze the harmful effects of using diet pills without physician supervision.	N/A
1.6.A	Explain the short- and long-term consequences of using alcohol and other drugs to cope with problems.	C1, C2, C3, C4, C5, C6, C7, C8, C9, C10, C11 B1, B2
1.7.A	Explain why most youths do not use alcohol, tobacco, or other drugs.	C1, C4
1.8.A	Explain school policies and community laws related to the use, possession, and sales of alcohol, tobacco, and illegal drugs.	C1, C2, C3, C9, C10 B1
<b>Standard 2:</b>	<b>Analyzing Influences</b>	
2.1.A	Analyze internal influences that affect the use and abuse of alcohol, tobacco, and other drugs.	C1, C2, C3, C4, C5, C7, C9, C10, C11 B1, B2
2.2.A	Evaluate the influence of marketing and advertising techniques and how they affect alcohol, tobacco, and other drug use and abuse.	C4

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2.3.A	Analyze family and peer pressure as influences on the use of alcohol, tobacco, and other drugs.	C1, C2, C3, C4, C5, C6, C7, C8, C9, C10, C11 B1, B2, B3
<b>Standard 3: Accessing Valid Information</b>		
3.1.A	Analyze the validity of information, products, and services related to the use of alcohol, tobacco, and other drugs.	C1, C2, C3, C4 B1
<b>Standard 4: Interpersonal Communication</b>		
4.1.A	Use effective refusal and negotiation skills to avoid risky situations, especially where alcohol, tobacco, and other drugs are being used.	C5, C7, C9 B1, B3
<b>Standard 5: Decision Making</b>		
5.1.A	Use a decision-making process to avoid using alcohol, tobacco, and other drugs in a variety of situations.	C5, C7, C9 B1, B3
<b>Standard 6: Goal Setting</b>		
6.1.A	Develop short- and long-term goals to remain drug free.	C10, C11 B3
<b>Standard 7: Practicing Health-Enhancing Behaviors</b>		
7.1.A	Use a variety of effective coping strategies when there is alcohol, tobacco, or other drug use in group situations.	C3, C5, C6, C7, C9 B1, B3
7.2.A	Practice positive alternatives to the use of alcohol, tobacco, and other drugs.	C3, C5, C6, C7, C9 B1, B2, B3
<b>Standard 8: Health Promotion</b>		
8.1.A	Participate in school and community efforts to promote a drug-free lifestyle.	N/A

